

Gunupur College, Gunupur
Self-Defence Training for girls (2015-16)

**A Brief report on the activities of self defence training
for girls from 05.01.2016 to 18.01.2016**

A Self Defence Training Programme for girl students of the college was conducted in the college premises from 05.01.2016 to 18.01.2016. A total number of 120 girl students (in three different groups each group consisting of 40 students) of the college were imparted the training. The training programme was inaugurated by the Honorable principal, Sri S.Lokanath on 05.01.2016 at 8.00 AM in hall no-03. Three (03) students of this college who have successfully completed the self defence master's training at Bhubaneswar were engaged for imparting training to the students. The training programme was conducted for 1 hour daily (from 8.000 AM to 9.00 AM) and all working days excluding Sundays. The trainees were demonstrated different techniques which can be applied by them for self-protection. The programme was conducted for 12 (twelve days) as per state govt. guidelines. After the completion of the training programme a valedictory function was held in Hall No.-3 on 19.01.2016. The participants shared their experience. They have also expressed the usefulness of the training in the present day context. The certificates were awarded to the successful participants. The meeting was ended with a vote of thanks by Sri G.Satapathy coordinator of the programme. An amount of Rs.30,000/- (Thirty Thousand rupees) only was sanctioned by the nodal college (Rayagada Auto College, Rayagada) for the training of 120 students @Rs.250/- per candidate. The bills and vouchers to that effect are submitted to the office ^{in the month of April 2016} for adjustment against the advance sanctioned.

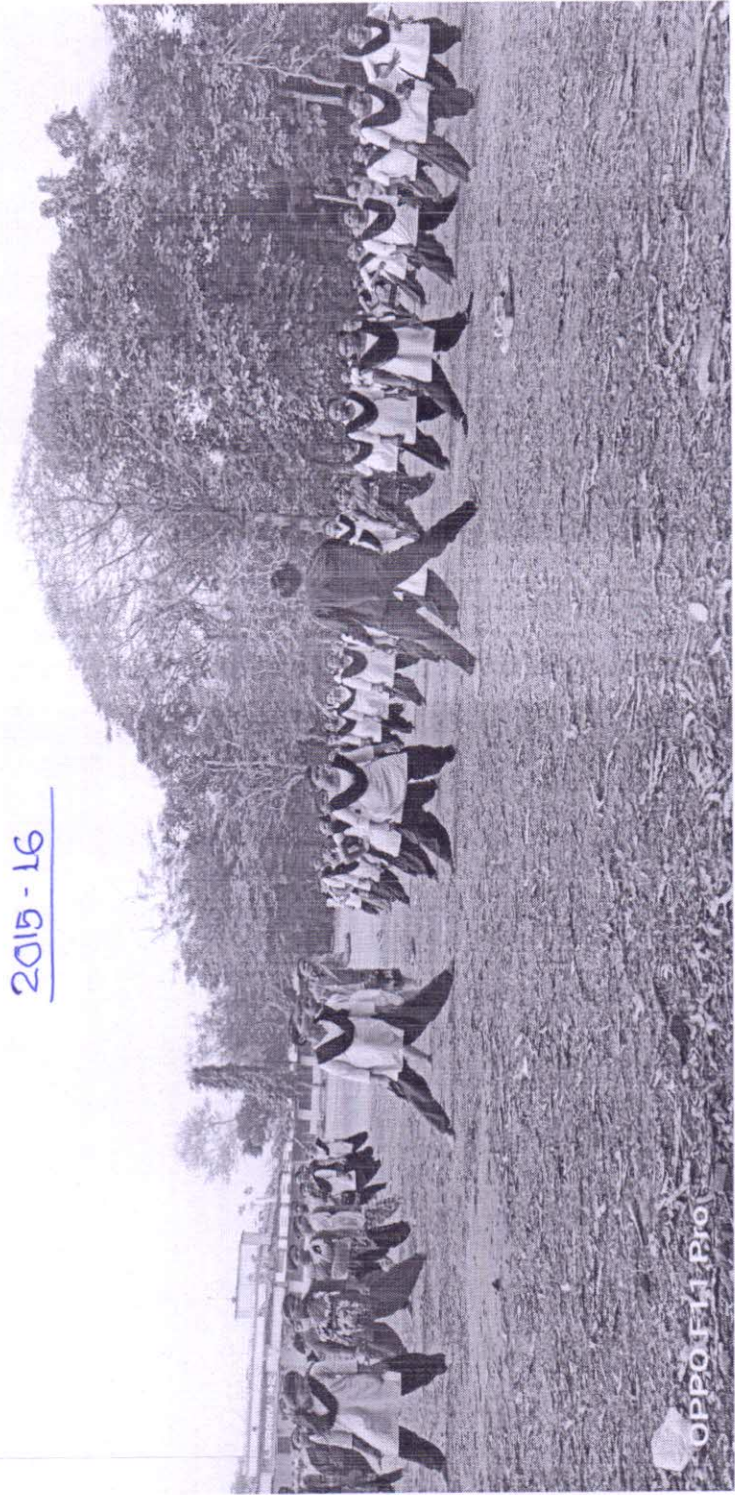
Ganesh Satapathy

Co-ordinator

Principal, 25/05/2016.

Gunupur College, Gunupur
Gunupur College
Gunupur-765 022
Dist: Rayagada

2015 - 16



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